



**PARK RIDGE  
RECREATION  
COMMITTEE PRESENTS**



AS THE LEADER IN **YOUTH SPORTS**, OUR PROGRAMS ARE DESIGNED TO HELP **PLAYERS PROGRESS THEIR SKILLS**, DEVELOP A **PASSION FOR PLAYING** AND PROVIDE A **PATHWAY TO ACHIEVEMENT**.



ATHLETICS • ACADEMICS • LIFE LESSONS

**PROGRAMS INCLUDE:**

- ✓ LIFE LESSONS (SPORTSMANSHIP, PERSEVERANCE + LEADERSHIP)
- ✓ SPORT SKILL DEVELOPMENT
- ✓ PHYSICAL ACTIVITY
- ✓ ACADEMICS + STEAM



**LEVEL-BASED PROGRESSION**

**LEARN RULES & ETIQUETTE**

**PLAY GAMES WITH FRIENDS**

**WHAT TO EXPECT:**

- ✓ ALL EQUIPMENT PROVIDED
- ✓ ALL AGES + LEVELS WELCOMED
- ✓ TRAINED + VERIFIED COACHES
- ✓ GET MOVING + HAVE FUN



**PLAY Sports with  
TGA**

at Colony Field (Park Ridge, NJ)

| SESSION          | START DATE | START TIME | CLASSES   | PRICE |
|------------------|------------|------------|-----------|-------|
| Parent & Me      | October 2  | 10:00 AM   | 8 Classes | \$160 |
| Pre-K (Ages 3-5) | October 2  | 11:00 AM   | 8 Classes | \$160 |

- Classes are on Saturdays for 45 Minutes
- Parents are required to stay on the premises for these programs
- TGA staff will have a fun, fast-paced program in place, having kids participate in various activities that are sports related, focusing on balance, hand-eye coordination, and movement
- Classes are weather-dependent; TGA will do its best to make up any missed classes
- Location: Colony Field, 123 Colony Ave. Park Ridge, NJ
- Park Ridge Recreation: (201) 573-1800 x521

For more information contact: Kevin Rooney at [krooney@playtga.com](mailto:krooney@playtga.com) or (201) 375-7406

**SIGN UP TODAY!**

<https://bergencounty.playtga.com/prprekfall21>