



# PLAY TENNIS

**SERVE**  
**VOLLEY**  
**RALLY**

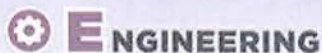
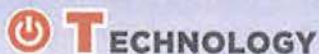


at Park Ridge H.S. Tennis Courts

## WE BRING THE TENNIS COURT TO YOU!

TGA's action-packed tennis program is perfect for beginners and more experienced players to build their skills and have a blast learning about the game in a safe and supportive environment.

- We provide all equipment
- Professionally trained and background-checked coaches
- Discover valuable life lessons
- Learn sport rules and etiquette
- Explore academic concepts including STEAM through tennis
- Returning students will learn and practice more advanced skills



**RESEARCH SHOWS ACTIVE KIDS HAVE:**

- IMPROVED GRADES AND TEST SCORES
- INCREASED SELF-ESTEEM
- BOOSTED CONCENTRATION
- BETTER PHYSICAL HEALTH

\*According to The Aspen Institute Project Play

**COME PLAY WITH TGA!**

SESSION	START DATE	END DATE	START TIME	END TIME	CLASSES	PRICE
Ages 11-13	July 28	August 13	6:00 PM	6:50 PM	3 Weeks	\$120
Ages 5-7	July 28	August 13	4:00 PM	4:50 PM	3 Weeks	\$120
Ages 8-10	July 28	August 13	5:00 PM	5:50 PM	3 Weeks	\$120

- Classes meet twice per week on Tuesday and Thursday for 3 weeks
- All activities will be done with social distancing in mind
- TGA will be following all recommended protocols set forth by the CDC, State of NJ, and local officials
- Park Ridge Recreation: (201) 573-1800 x521

For more information contact: Christine Kostianis at [ckostianis@playtga.com](mailto:ckostianis@playtga.com) or (917) 304-3986

**SEE OUR PROGRAMS IN ACTION AND SIGN UP TODAY!**  
<https://bergencounty.playtga.com>